



# BIRDS

## TEACHER LESSON

### WARM-UP PLAY

- Parents and children share picture books.
- Parents follow their children's lead in play.
- Staff mingles with parents asking, "What's new?"

### GATHERING AND SETTLING

- Parents and staff sing song while helping children to clean up.
- All greet one another by shaking hands and singing the "Hello" song.

#### CLEAN-UP

*Clean up, clean up, everybody, everywhere.  
Clean up, clean up, everybody do your share.*

**Praise your child.  
Hug, kiss, smile, and say,  
"Flying high!"**

#### HELLO

**Tune: She'll Be Coming Round The Mountain!**

*Oh, it's time to say hello to our friends. (Repeat)  
Wave your hands and say hello. (Repeat)  
Oh, it's time to say hello to our friends.*

### WELCOME SONGS

- Parents and staff sing each child's name during the song.
- Parents face children toward them and hug and kiss while singing.

#### OH, HERE WE ARE TOGETHER

**Tune: The More We Get Together**

*Oh, here we are together, together, together.  
Oh, here we are together at \_\_\_\_\_ School.  
Here's \_\_\_ and \_\_\_ and \_\_\_ and \_\_\_ etc.  
Oh, here we are together at \_\_\_\_\_ School.*

#### WE LOVE CHILDREN

**Tune: Are You Sleeping?**

<i>We love children.</i>	<i>Children are for hugging.</i>
<i>We love children.</i>	<i>Children are for kissing.</i>
<i>Yes we do. Yes we do.</i>	<i>We love you. Yes we do!</i>

### PREVIEW AND CIRCLE TIME

- Staff uses props and pictures to prepare children and parents for the playgroup activities.

#### DID YOU EVER SEE A BIRDIE?

**Tune: Did You Ever See A Lassie?**

*Did you ever see a birdie, a birdie, a birdie,  
Did you ever see a birdie go up and go down?  
Go up and go down, and go up and go down,  
Did you ever see a birdie go up and go down?*

Help children use stick bird puppets to do the song's actions. Add verses, go side to side, and flying around.

#### TWO LITTLE BLACKBIRDS

**Rhyme**

*Two little blackbirds sitting on a hill,  
One named Jack and one named Jill.  
Fly away Jack. Fly away Jill.  
Come back Jack. Come back Jill.*

Shake roller rattle filled with plastic "seeds" to rhyme.

#### FEATHERING THE NEST

**Group Movement Activity**

Children wave scarves as they fly around the room to the music.

Play lifescapes background music with singing birds.

## CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, stacking boxes with holes and bubbles  
 ☯ Staff briefly describes the play stations that are set up throughout the room. Parents follow their children's lead as they explore the play stations.

### **FEEDING THE BIRDS** Messy Play

Children and parents play together at a sensory table filled with birdseed. Provide berry baskets, funnels, large spoons and measuring cups.

### **PRETTY BIRDS** Creative Play

Children glue craft feathers on construction paper birds. Label with children's names and send home.

### **LEAVING THE NEST** Communication/Pretend Play

Children play in a plastic wading pool "nest" filled with shredded paper. Children take turns waving "bye" to mommy bird and flying out of the nest and coming back. Use the words, "in," "out," "hi," and "bye."

### **BIRDHOUSES** Problem Solving Play

Children and parents play with shoe box birdhouses. Cut entrance holes in the boxes. Children fill houses with shredded paper and fit plastic eggs through the holes.

## SNACK TIME

Children, parents, and staff wash hands. Serve snacks individually as the children are seated at the table.

 Cream cheese spread on a bagel, chow mein noodle "nest" and milk

## TRANSITION AND FREE CHOICE PLAY

 Staff supports parents as children are prepared for transition. Parents depart for parent education group. Staff follows children's lead as they repeat activities at a creative play station, play with toys throughout the room, go for a walk or a buggy ride, or look at books. Children listen to a variety of types of music as they play.

## REGATHERING ACTIVITIES

### **RING AROUND THE ROSIE**

*Ring around the rosie, pockets full of posies,  
Children, children, we all fall down.*

### **OPEN SHUT THEM**

*Open, shut them, open, shut them, give a little clap, clap, clap.  
Open, shut them, open, shut them, put them in your lap, lap, lap.*

### **SHARE A BOOK ABOUT BIRDS**

Tell the story in simple words. Talk about the pictures and ask questions.

## REVIEW

 Staff reviews the playgroup activities with the children and individually shares with parents what their children did during the parent education group.

## HOME PLAY

 Set up a bird feeder with your child outside your window. Fill the birdfeeder together. Talk about the numbers, colors and sizes of birds that come to visit.

## GOOD-BYE SONG

### **GOOD-BYE CHILDREN**

*Good-bye children, good-bye children, good-bye children, we're glad you came to play,  
Hope you had a happy time, happy time, happy time. Hope you had a happy time, happy time at school.*

## TEN THINGS EVERY CHILD NEEDS

☯ Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading